



Bullying – The Golden Rule Solution

Professional Learning Board integrated self-study professional development courses are conveniently available 24 x 7 to teacher-learners. Each self-study PD course includes:

- Course content delivered in an interactive online textbook,
- Practical suggestions that can be implemented immediately,
- Quiz
- Printable certificate of completion
- Lifetime access



“I have utilized this philosophical approach to bullying repeatedly over the past two years and I have always found it to be highly effective in even the most verbally abusive school environments.”

During childhood, children learn and practice the skills they will need in their adult lives. Bullying is an unpleasant but inevitable part of life that happens in virtually every social group. If children don't learn how to deal with hostility in their formative years, how will they manage when they grow up and have to face hostility from their co-workers, bosses, spouses and children?

This course enables teachers to help students respond effectively to verbal comments. Includes video role plays that model and demonstrate methodologies.

Standards:

This course aligns to the INTASC Standards including Learner Development and Learning Environments.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content and Teachers Facilitate Learning.



Course Outline:

LESSON 1: Understanding Bullying

In this lesson you'll discover what is likely a new way to define and approach bullying. The tools, strategies and samples explored in this class can lead to improved relationships for children and, if we practice them also, for ourselves as well.

LESSON 2: Principles

Discipline is very serious business. The goal of anti-bullying programs and policies is to show children how to use a moral compass to guide their behavior. We want children to learn that it is wrong for them to bully others and so, we discipline them for bullying behavior. The way we discipline children will determine the way they understand what they did wrong, how they will behave in the future, and how they will discipline their own children when they become parents and teachers.

Unfortunately, many of the things we may do in the name of discipline can actually cause more harm than good. That's why bullying has become an increasingly serious problem during the very same period that schools have created tougher policies to guard against bullying. This section provides ten principles for effective moral discipline.

LESSON 3: Bullies to Buddies

In this section we will discuss rules for treating people as friends so that children (and adults) can make friends with those they perceive as enemies.

LESSON 4: How You Can Help

Most incidents between kids occur out of sight of adults. While children may be getting angry or upset, rarely is anyone actually physically injured. Adults are often put in the awkward position of handling incidents they didn't observe and in which probably no physical pain or damage occurred. In this section you'll look at strategies to help students deal with bullies.

LESSON 5: Bullying Among Adults

A key element to the success of any school is its workplace environment. Nothing hurts morale or a learning environment like hostility. Rather than people working together to serve a school's mission, often valuable time and resources are wasted fighting each other. This section highlights interactions between adults in school environments.